

## Awesome Appetizers

### **Carolina Caviar - \$5.25**

(A generous scoop of Bruce's popular pimento cheese, served with grilled pita points)

### **Hummus du Jour - \$5.00**

(A triple sample of our homemade hummus with grilled pita points . . . enough for two to share!) ♥

### **Extra Pita Bread - \$1.00**

### **Cup of Homemade Soup - \$2.50**

(A cup of any of our homemade soups . . . the perfect starter for lunch)

### **Field Greens Salad - \$2.50**

(A simple side green salad with cucumber and tomato slices)

## Quazy Quesadillas

Served with one side dish, side cups of housemade salsa, sour cream and dessert.

### **Cheese Quesadilla - \$7.00**

(For those that want something simple – a grilled tortilla filled with seasoned Cheddar Jack cheese.)

### **Veggie Quesadilla - \$7.50**

(A blend of fresh mushrooms, onions, peppers and broccoli, sautéed together on a bed of melted cheese.) ♥

### **Chicken Quesadilla - \$8.25**

(Grilled flour tortilla stuffed with seasoned chicken breast and melted cheese, picante on the side!)

### **Taco Quesadilla - \$8.25**

(Seasoned taco meat with diced tomatoes, shredded lettuce and seasoned Cheddar Jack cheese)

### **The Original Pizzadilla - \$8.25**

(Grilled pepperoni with diced tomatoes, Italian herbs, mushrooms, red onions and gooey mozzarella)

### **Grilled Phillydilla - \$8.25**

(Philly-style steak, sautéed with onions, peppers and mushrooms in a cheesy flour tortilla)

## Spectacular Sandwiches

Served with your choice of one side dish and dessert.

### **Spinach Melt on Grilled Pita - \$7.25**

(Warm spinach salad with feta cheese, diced tomatoes and sour cream dressing on grilled pita) ♥

### **Grilled Pimento Cheese - \$7.50**

(Always homemade and nothing better between two pieces of grilled bread)

### **Traditional BLT - \$7.50**

(Crispy bacon and leaf lettuce with juicy tomato slices and mayo between two pieces of grilled bread)

### **Blue Ridge Jamborcheese - \$7.50**

(A grilled American cheese sandwich with crispy bacon, topped with seedless blackberry preserves)

### **Turkey & Ham Club - \$7.50**

(Fresh ham and turkey breast, crisp bacon, American cheese, lettuce and tomato)

### **Boursin Club - \$7.75**

(Fresh ham and turkey breast, crisp bacon, lettuce, tomato and our special Boursin Cheese Spread) ♥

### **Chicken Salad Sandwich - \$7.75**

(Bruce's popular chicken salad with walnuts and Granny Smith Apples)

### **Monty Brucesto - \$7.75**

(Grilled sourdough with melted American cheese, shaved turkey breast and ham, topped with seedless blackberry preserves)

### **Hawaiian Turkey Melt - \$8.00**

(Grilled pita bread with Swiss cheese, seasoned cream cheese, grilled turkey breast and pineapple slices.) ♥

### **Chicken Salad Melt - \$8.00**

(Grilled marbled rye bread with melted American cheese, sliced tomatoes and Bruce's chicken salad)

### **Poor Man's Reuben - \$8.00**

(Grilled turkey breast, Swiss cheese, cole slaw and dressing on grilled marbled rye) ♥

### **Philly Cheesesteak Hoagie - \$8.25**

Freshly grilled Philly-style steak with sautéed peppers, onions and cheese)

### **Grilled Reuben - \$8.75**

(Lean corned beef, Swiss cheese, sauerkraut and dressing on grilled marbled rye.)

The  & ♥ designate menu items that are part of the YMCA/Heart Healthy Program.

## Bodacious Burgers

Served with your choice of one side dish and dessert.

### \* The "Brucester" Burger - \$8.25

(Caramelized onions, homemade pimento cheese and leaf lettuce on a grilled roll)

### \* The "Brucie Melt" - \$8.25

(The "Brucester" served on grilled marbled rye bread, because Pattie doesn't work here!)

### \* The Boursin Burger - \$8.25

(Our 1/3 pound hand-pattied burger, slathered with our house-specialty Boursin Cheese Spread)

### \* Mushroom Swiss Burger - \$8.75

(Freshly pattied, seasoned burger topped with sautéed shrooms and melted Swiss cheese.)

## Rockin' Wraps

Served with your choice of one side dish and dessert.

### the Y Bunny's Veggie Wrap - \$7.25

(Homemade hummus on a flour tortilla with mixed greens, fresh veggies and sprinkled with cheddar cheese.) ♥

### the Y Italian Chicken Wrap - \$7.50

(Tortilla filled with mixed greens and a slivered baked chicken breast, drizzled with Balsamic Vinaigrette) ♥

### Fresh Chicken Salad Wrap - \$7.75

(Bruce's popular chicken salad with walnuts and Granny Smith apples, with leaf lettuce)

### The Philly Wrap - \$8.25

(Grilled tortilla "philled" with steak, sautéed shrooms, onions, peppers and cheese)

### Chicken Ranch Wrap - \$8.50

(Diced chicken breast with crispy bacon, red onions, American cheese and Ranch dressing)

### The "Brucester" Wrap - \$8.25

(Our house burger, chopped up with pimento cheese and onions in a wrap, grilled and beyond description!)

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## Supreme Salad Plates

All dressing selections are "on the side" .... ask for today's selections

### the Y Bruce's Luncheon Salad - \$5.00

(A plate full of mixed field greens and veggies with choice of dressing.) ♥

### Soup & Salad - \$7.50

(The Luncheon Salad served with a cup of our homemade soup and crackers)

### Garden Chicken Salad - \$7.50

(Bruce's popular chicken salad served on a bed of greens.)

### the Y Italian Chicken Salad - \$7.50

(Marinated roasted chicken breast, slivered onto a bed of salad greens.) ♥

### the Y Bruce's Chef Salad - \$7.50

(Chopped ham and turkey breast, American and Swiss cheese, all served on a bed of Bruce's salad mix.) ♥

### Philly Steak Salad - \$8.25

(Grilled Philly steak, with peppers and onions, topped with melted cheese on a bed of greens.)

### the Y Grilled Greek Chicken Salad - \$8.50

(Grilled marinated chicken, served atop a bed of greens with red onion, kalamata olives and feta cheese) ♥

### Bruce's Taco Salad - \$8.25

(Seasoned ground beef, sprinkled on a bed of mixed greens with diced tomatoes and shredded cheddar cheese.)

## Enticing Entrées

### Quiche of the Day - \$7.75

(Served with a side green salad and dessert .... ask for the daily selection!)

### the Y Hummus of the Day - \$7.00

(A scoop of fresh hummus of the day, served with grilled pita bread and a side green salad) ♥

### Triple Side Salad Plate - \$7.25

(A side green salad accompanied by two of your favorite side dishes from the daily menu.)

\* Consuming raw or undercooked meats, poultry, Seafood, shellfish or eggs may increase your risk of foodborne illness.