

Awesome Appetizers

Carolina Caviar - \$5.25

(A generous scoop of Bruce's popular pimento cheese, served with grilled pita points)

Hummus du Jour - \$5.00

(A triple sample of our homemade hummus with grilled pita points . . . enough for two to share!) ♥

Extra Pita Bread - \$1.00

Cup of Homemade Soup - \$2.50

(A cup of any of our homemade soups . . . the perfect starter for lunch)

Field Greens Salad - \$2.50

(A simple side green salad with cucumber and tomato slices)

Quazy Quesadillas

Served with one side dish, side cups of housemade salsa, sour cream and dessert.

Cheese Quesadilla - \$7.00

(For those that want something simple – a grilled tortilla filled with seasoned Cheddar Jack cheese.)

Veggie Quesadilla - \$7.50

(A blend of fresh mushrooms, onions, peppers and broccoli, sautéed together on a bed of melted cheese.) ♥

Chicken Quesadilla - \$8.25

(Grilled flour tortilla stuffed with seasoned chicken breast and melted cheese, picante on the side!)

Taco Quesadilla - \$8.25

(Seasoned taco meat with diced tomatoes, shredded lettuce and seasoned Cheddar Jack cheese)

The Original Pizzadilla - \$8.25

(Grilled pepperoni with diced tomatoes, Italian herbs, mushrooms, red onions and gooey mozzarella)

Grilled Phillydilla - \$8.25

(Philly-style steak, sautéed with onions, peppers and mushrooms in a cheesy flour tortilla)

Spectacular Sandwiches

Served with your choice of one side dish and dessert.

Spinach Melt on Grilled Pita - \$7.25

(Warm spinach salad with feta cheese, diced tomatoes and sour cream dressing on grilled pita) ♥

Grilled Pimento Cheese - \$7.50

(Always homemade and nothing better between two pieces of grilled bread)

Traditional BLT - \$7.50

(Crispy bacon and leaf lettuce with juicy tomato slices and mayo between two pieces of grilled bread)

Blue Ridge Jamborcheese - \$7.50

(A grilled American cheese sandwich with crispy bacon, topped with seedless blackberry preserves)

Turkey & Ham Club - \$7.50

(Fresh ham and turkey breast, crisp bacon, American cheese, lettuce and tomato)

Boursin Club - \$7.75

(Fresh ham and turkey breast, crisp bacon, lettuce, tomato and our special Boursin Cheese Spread) ♥

Chicken Salad Sandwich - \$7.75

(Bruce's popular chicken salad with walnuts and Granny Smith Apples)

Monty Brucesto - \$7.75

(Grilled sourdough with melted American cheese, shaved turkey breast and ham, topped with seedless blackberry preserves)

Hawaiian Turkey Melt - \$8.00

(Grilled pita bread with Swiss cheese, seasoned cream cheese, grilled turkey breast and pineapple slices.) ♥

Chicken Salad Melt - \$8.00

(Grilled marbled rye bread with melted American cheese, sliced tomatoes and Bruce's chicken salad)

Poor Man's Reuben - \$8.00


(Grilled turkey breast, Swiss cheese, cole slaw and dressing on grilled marbled rye) ♥

Philly Cheesesteak Hoagie - \$8.25

Freshly grilled Philly-style steak with sautéed peppers, onions and cheese)

Grilled Reuben - \$8.75

(Lean corned beef, Swiss cheese, sauerkraut and dressing on grilled marbled rye.)

The  & ♥ designate menu items that are part of the YMCA/Heart Healthy Program.

Bodacious Burgers

Served with your choice of one side dish and dessert.

* The "Brucester" Burger - \$8.25

(Caramelized onions, homemade pimento cheese and leaf lettuce on a grilled roll)

* The "Brucie Melt" - \$8.25

(The "Brucester" served on grilled marbled rye bread, because Pattie doesn't work here!)

* The Boursin Burger - \$8.25

(Our 1/3 pound hand-pattied burger, slathered with our house-specialty Boursin Cheese Spread)

* Mushroom Swiss Burger - \$8.75

(Freshly pattied, seasoned burger topped with sautéed shrooms and melted Swiss cheese.)

Rockin' Wraps

Served with your choice of one side dish and dessert.

the Y Bunny's Veggie Wrap - \$7.25

(Homemade hummus on a flour tortilla with mixed greens, fresh veggies and sprinkled with cheddar cheese.) ♥

the Y Italian Chicken Wrap - \$7.50

(Tortilla filled with mixed greens and a slivered baked chicken breast, drizzled with Balsamic Vinaigrette) ♥

Fresh Chicken Salad Wrap - \$7.75

(Bruce's popular chicken salad with walnuts and Granny Smith apples, with leaf lettuce)

The Philly Wrap - \$8.25



(Grilled tortilla "philled" with steak, sautéed shrooms, onions, peppers and cheese)

Chicken Ranch Wrap - \$8.50

(Diced chicken breast with crispy bacon, red onions, American cheese and Ranch dressing)

The "Brucester" Wrap - \$8.25

(Our house burger, chopped up with pimento cheese and onions in a wrap, grilled and beyond description!)

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Supreme Salad Plates

All dressing selections are "on the side" ask for today's selections

the Y Bruce's Luncheon Salad - \$5.00

(A plate full of mixed field greens and veggies with choice of dressing.) ♥

Soup & Salad - \$7.50

(The Luncheon Salad served with a cup of our homemade soup and crackers)

Garden Chicken Salad - \$7.50

(Bruce's popular chicken salad served on a bed of greens.)

the Y Italian Chicken Salad - \$7.50

(Marinated roasted chicken breast, slivered onto a bed of salad greens.) ♥

the Y Bruce's Chef Salad - \$7.50

(Chopped ham and turkey breast, American and Swiss cheese, all served on a bed of Bruce's salad mix.) ♥

Philly Steak Salad - \$8.25

(Grilled Philly steak, with peppers and onions, topped with melted cheese on a bed of greens.)

the Y Grilled Greek Chicken Salad - \$8.50

(Grilled marinated chicken, served atop a bed of greens with red onion, kalamata olives and feta cheese) ♥

Bruce's Taco Salad - \$8.25

(Seasoned ground beef, sprinkled on a bed of mixed greens with diced tomatoes and shredded cheddar cheese.)

Enticing Entrées

Quiche of the Day - \$7.75

(Served with a side green salad and dessert ask for the daily selection!)

the Y Hummus of the Day - \$7.00

(A scoop of fresh hummus of the day, served with grilled pita bread and a side green salad) ♥

Triple Side Salad Plate - \$7.25

(A side green salad accompanied by two of your favorite side dishes from the daily menu.)

* Consuming raw or undercooked meats, poultry, Seafood, shellfish or eggs may increase your risk of foodborne illness.